ROASTED EGGPLANT AND SQUASH MEDLEY



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INGREDIENTS

1/2-1 eggplant depending on size, cubed 1/2 butternut squash, peeled and cubed into small 1/4-inch cubes

1 zucchini, cubed

1/2 cauliflower, cut into small florets

1/2 shallot, minced

2 tablespoons smoked or regular paprika

1/2 tablespoon salt

1/3 cup olive oil



DIRECTIONS

- 1. Preheat oven to 400°F.
- 2. Spray two cooking sheets generously with cooking spray.
- 3. On one sheet, spread the cubed zucchini and eggplant (keep vegetables separate).
- 4. On the other sheet, spread cauliflower and squash (again, keeping separate). Keep the vegetables separate so that if one is ready it can be removed from the oven before the others.
- 5. In a bowl, mix together shallot, paprika, salt and oil.
- 6. Spread 1/4 mixture on each vegetable and mix to coat well.
- 7. Bake for 20 minutes. Toss each vegetable. Check eggplant and zucchini for readiness they should be crispy on the outside.
- 8. Return to oven for another 10 minutes and check. Toss the vegetables. The eggplant should be ready now. Remove and place into a bowl.
- 9. Place sheet back in oven for other vegetables that may need another 30 minutes.
- 10. When done, place all vegetables in one bowl, toss to combine. Serve warm and enjoy!



